

AQUATHLON 1K 10 K RESULTS APRIL 19TH 2009

Race no.	Pos	sex	Age	Cat	local	First Name	Last Name	Club/Town	swim split	pos	run split	pos	TOTAL
441	1	M	45	M 40-49		Gary	Gerrard	Royal Navy Triathlon	00:14:47	5	00:36:55	1	00:51:42
444	2	M	40	M 40-49		Iain	Hindes	North Devon Tri	00:13:41	2	00:39:22	2	00:53:03
446	3	M	29	M 15-39		John	Mason	Bristol & District	00:13:49	3	00:40:33	3	00:54:22
448	4	M	43	M 40-49		Martin	Foster	BAD Tri	00:12:39	1	00:42:30	5	00:55:09
443	5	M	47	M 40-49		Phil	Whaites	Yeovil	00:13:49	4	00:43:49	7	00:57:38
440	6	M	39	M 15-39	L	Simon	Lawrence	West Country Triathletes	00:14:48	7	00:43:18	6	00:58:06
431	7	M	40	M 40-49		Mark	Ashurst	West Country Triathletes	00:18:13	20	00:40:49	4	00:59:02
442	8	M	32	M 15-39	L	Matt	Freeman	Burnham on sea	00:14:57	8	00:44:53	11	00:59:50
434	9	F	37	F 15-39		Celia	Miall	West Country Triathletes	00:15:31	9	00:44:22	10	00:59:53
445	10	M	29	M 15-39		Peter	Westmore	Bristol	00:15:59	10	00:44:12	9	01:00:11
424	11	M	38	M 15-39		Paul	De St Paer	West Country Triathletes	00:17:50	17	00:43:55	8	01:01:45
432	12	F	18	F 15-39		Chloe	Tuck	Ilminster	00:14:47	6	00:48:10	13	01:02:57
447	13	F	48	F 40-49		Yvonne	Cox	Kingswood	00:16:37	12	00:48:50	15	01:05:27
426	14	M	51	M 50+		Nigel	Cox	Team AVS	00:17:44	16	00:49:02	16	01:06:46
414	15	M	49	M 40-49		Richard	Ford	Weston AC	00:19:43	26	00:47:26	12	01:07:09
405	16	M	28	M 15-39		Tim	Gomez	Bristol	00:18:25	21	00:48:48	14	01:07:13
429	17	F	45	F 40-49		Jane	Cooley	PAC Tri	00:17:03	14	00:50:14	17	01:07:17
422	18	M	35	M 15-39		Mark	Dewey	Maidenhead	00:18:06	18	00:50:18	18	01:08:24
438	19	M	44	M 40-49		Andy	Pearson	Somerset Tri Club	00:17:43	15	00:51:20	21	01:09:03
436	20	M	31	M 15-39		Steve	Mason	Nailsea	00:16:24	11	00:53:22	25	01:09:46
425	21	M	49	M 40-49	L	David	Paul	West Huntspill	00:19:02	24	00:50:50	20	01:09:52
411	22	M	66	M 50+		Terry	Kingham	West Country Triathletes	00:18:57	22	00:51:51	23	01:10:48
400	23	M	35	M 15-39		Andrew	Rich	Bristol	00:21:18	31	00:50:31	19	01:11:49
415	24	M	42	M 40-49		Mark	Caufield	Rooksbridge	00:21:57	34	00:51:50	22	01:13:47
419	25	M	45	M 40-49	L	David	Horwood	Team AVS	00:18:57	23	00:55:13	28	01:14:10
430	26	F	46	F 40-49		Glenda	Edwards	Cardiff	00:19:25	25	00:55:02	27	01:14:27
408	27	F	40	F 40-49		Shara	Durnell	Clevedon	00:21:52	33	00:53:05	24	01:14:57
437	28	M	40	M 40-49		Gary	Cooper	Dudley	00:21:44	32	00:53:35	26	01:15:19
435	29	F	25	F 15-39		Sarah	Window	Somerset Tri Club	00:16:46	13	00:59:38	31	01:16:24
409	30	M	33	M 15-39		David	Whitaker	Bideford	00:22:53	36	00:55:52	29	01:18:45
407	31	F	40	F 40-49		Linda	Rockett	Clkevedon	00:20:33	29	00:59:11	30	01:19:44
413	32	M/F		Relay	L	Toni /Paul	McKinlay	Burnham on sea	00:23:06	37	00:59:40	32	01:22:46
412	33	M	66	M 50+		Jeff	Parkhouse	Thornhill	00:20:17	28	01:02:31	34	01:22:48
402	34	F	48	F 40-49		Faith	Foote	Bridgwater	00:25:12	39	00:59:49	33	01:25:01
410	35	M	51	M 50+		Mark	Watling	Malvern Joggers	00:22:38	35	01:02:40	35	01:25:18
406	36	F	33	F 15-39		Joanna	Rich	Bristol	00:20:54	30	01:05:33	37	01:26:27
403	37	M	36	M 15-39		Ross	Matthews	Bridgwater	00:24:04	38	01:05:33	36	01:29:37
416	38	M	51	M 50+		Nick	Edwards	Cardiff	00:20:07	27	01:09:45	38	01:29:52
401	39	F	49	F 40-49		Lynda	Wemyss	Bridgwater	00:25:13	40	01:11:05	39	01:36:18
423		M	44	M 40-49		Alastair	Middleton	Wells	00:18:10	19	#####		DNF